## Position Description Practice Nurse

| Responsible to: | Overall Clinical performance – Managing Partner or Board |  |
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|                 | Day to Day – Clinical Nurse Lead or Practice Manager     |  |

## **Functional Relationships with:**

| Internal: | Practice Manager<br>Clinical Nurse Lead<br>Doctors  |
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| External: | Nurses<br>Reception and Admin staff<br>Other health providers<br>Patients and their families/whanau<br>Other health professionals<br>Visitors |

## Main purpose of the job

The Medical and Injury Centre is a Very Low Cost Access general practice, providing health care to a current enrolled population of 1200 patients, of which 67% are 'High Needs" (Maori, Pasifika or Deprivation 9 or 10). The Medical and Injury Centre (MIC) provides after hours primary health care to enrolled patients from the wider Nelson district on a casual basis. MIC is Cornerstone and New Zealand Urgent Care Standard 2015 accredited.

The Practice Nurse provides primary care nursing support, patient interventions and treatment within the Medical Centre. As part of the general practice team he/she will work within their scope of practice and be responsible for providing patient-centred, culturally appropriate, and individual holistic care to patients.

Patients should feel that they have been dealt with in a friendly, courteous manner and that all that can be done for them, has been done. "Going the extra mile" is our philosophy.

The Practice Nurse works closely with the doctors and other team members to provide efficient, effective, professional nursing services.

| Con | npetencies  | Standards Outcomes expected   |
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| Don | nain 1 Professional responsibility  |   |
| 1.1 | Accepts responsibility for ensuring<br>that his/her nursing practice and<br>conduct meet the standards of the<br>professional ethical and relevant<br>legislated requirements | <ul> <li>Provide Primary Care Nursing Services as follows:</li> <li>Urgent triage (including resuscitation, stabilisation and assisting with assessment as necessary);</li> <li>Assessment of the urgency and severity of presenting problems through history taking, and examination before referral to the appropriate GP. Assessment can be via telephone or 1:1 consultation with patient.</li> <li>Follow-up of patient test results and communication with patients where appropriate.</li> </ul> |

| 1.2 | Demonstrates an ability to apply the  | <ul> <li>Undertaking treatment options and carrying out appropriate clinical interventions and procedures, including but not limited to counselling, advising and providing information.</li> <li>Set-up and assistance with minor surgery.</li> <li>Health screening.</li> <li>Acting as a chaperone as required.</li> <li>Attending home visits as requested.</li> <li>Comply with the requirements of the Privacy Act 2020 and HIPC</li> <li>Comply with the HDC Patient Code of Rights</li> <li>Comply with established health and safety policies regarding handling of instruments, infection control, storage of drugs and disposal of sharps and other potentially dangerous equipment and substances. Comply with current NZ legislation.</li> <li>All complaints to be referred to the Practice Manager in the first instance.</li> <li>Complies with practice procedures/policies</li> <li>Work within scope of practice</li> </ul> |
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| 1.2 | Demonstrates an ability to apply the<br>principles of the Treaty of Waitangi/Te<br>Tiriti o Waitangi to nursing practice                  | <ul> <li>Understands the Treaty of Waitangi/Te<br/>Tiriti o Waitangi and its relevance to the<br/>health of Maori in Aotearoa/New<br/>Zealand</li> <li>Demonstrates knowledge of differing<br/>health and socio-economic status of<br/>Maori and non-Maori.</li> <li>Applies the Treaty of Waitangi/Te Tiriti o<br/>Waitangi to nursing practice</li> </ul>  |
| 1.3 | Demonstrates accountability for<br>directing, monitoring and evaluating<br>nursing care that is provided by<br>enrolled nurses and others | <ul> <li>Understands accountability for directing,<br/>monitoring and evaluating nursing care<br/>provided by enrolled nurses and others</li> <li>Seeks advice from Nurse Manager/<br/>Clinical Director if unsure about the role<br/>and competence of enrolled nurses and<br/>others when delegating work.</li> <li>Takes into consideration the role and<br/>competence of staff when delegating<br/>work</li> <li>Makes appropriate decisions when<br/>assigning care, delegating activities and<br/>providing direction for enrolled nurses<br/>and others</li> </ul>   |
| 1.4 | Promotes an environment that<br>enables patient safety, independence,<br>quality of life and health                                       | <ul> <li>Identifies and reports situations that<br/>affect patient or staff member's health<br/>or safety</li> <li>Accesses, maintains and uses<br/>emergency equipment and supplies</li> </ul>  |

|     |  | Maintains infection control protocols  |
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|     |  | <ul> <li>Maintains infection control protocols</li> <li>Recognises and manages risks to<br/>provide care that best meets the needs<br/>and interests of the patient and the<br/>public</li> </ul>  |
| 1.5 | Practices nursing in a manner that the<br>health consumer determines as being<br>culturally safe | <ul> <li>Practices in a way that respects patients<br/>and delivers culturally appropriate/safe<br/>care to patients. Culture may include<br/>age, gender, sexual orientation,<br/>ethnicity, culture, disability or beliefs.</li> <li>Assists patients to gain appropriate<br/>support and representation from those<br/>who understand the patients culture,<br/>needs and preference</li> </ul>   |
|     | nain 2 Management of Nursing Care  |  |
| 2.1 | Provides planned nursing care to achieve identified outcomes                                     | <ul> <li>Provide timely clinical and culturally appropriate health services through -</li> <li>Develops evidence-based nursing care</li> <li>Ongoing well-health education and advice, including counselling to improve health and prevent disease.</li> <li>Management and action of provider inbox test results</li> <li>Use of recall and reminder systems and referral, as appropriate, to national screening programmes.</li> <li>Education to assist people to reduce or change risky and harmful lifestyle behaviour.</li> <li>Family planning services, provision of contraceptive advice and sexual health services.</li> <li>Delivery of immunisation programmes.</li> <li>Working with public health providers in the prevention and control of communicable diseases for individuals and families/whanau and reporting to relevant public health providers.</li> <li>Ongoing care and support for people with chronic and terminal conditions.</li> <li>Health programmes at a national, regional and local level and utilising such programmes to target specific populations</li> <li>Co-ordinating an individual's rehabilitation process and participating where appropriate in providing recovery orientated services to restore normal functioning.</li> <li>Developing collaborative working</li> </ul> |
|     |  | relationships with community health<br>services, DHB and non-Government  |

|     |  | public health providers, ACC and   |
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|     |  | <ul><li>relevant non-health agencies.</li><li>Advocating on behalf of patients with</li></ul>  |
|     |  | external agencies to communicate patient care and support needs.   |
| 2.2 | Undertakes comprehensive and accurate nursing assessment of patients in a variety of settings  | <ul> <li>Undertakes assessment in an organised<br/>and systematic way</li> <li>Uses suitable assessment tools for the<br/>collection of data</li> <li>Applies relevant research to underpin</li> </ul>   |
|     |  | nursing assessment   |
| 2.3 | Ensures documentation is accurate<br>and maintains confidentiality of<br>information   | <ul> <li>All information entered into the PMS system is accurate, appropriate and in accordance with agreed protocols.</li> <li>Set up all screening and recall programmes for new patients.</li> </ul>  |
| 2.4 | Ensures the patient has adequate<br>explanation of the effects,<br>consequences and alternatives to<br>proposed treatment options                                    | <ul> <li>Provides appropriate information to patients to protect their rights and to allow informed decisions</li> <li>Makes appropriate judgement to the extent the patient is capable of participating in decisions related to their care</li> <li>Facilitates the patients access to appropriate therapies or interventions and respects their right to choose alternatives</li> <li>Seeks input from senior clinician if patient requests to change or refuse treatment</li> <li>Considers patients preferences when providing care</li> </ul> |
| 2.5 | Acts appropriately to protect oneself<br>and others when faced with<br>unexpected patient responses,<br>confrontation, personal threat or other<br>crisis situations | <ul> <li>Understands how to respond in an<br/>emergency and the procedures that are<br/>to be followed.</li> </ul>   |
| 2.6 | Evaluates patients progress towards<br>expected outcomes in partnership<br>with patient  | • Evaluates the effectiveness of the patients' response to prescribed treatments, intervention and health education in collaboration with the patient and the clinical team involved in their care.  |
| 2.7 | Provides health education appropriate<br>to the needs of the patient within a<br>nursing framework   | <ul> <li>Ensures that the health education to the<br/>patient is appropriate for their level of<br/>understanding</li> </ul>   |
| 2.8 | Reflects upon and evaluates with peers and experienced nurses, the effectiveness of nursing care   | <ul> <li>Determines level of care required by patients</li> <li>Identifies own level of competence and seeks assistance as necessary</li> </ul>  |
| 2.9 | Maintains professional development   | <ul> <li>Undertakes responsibility for own<br/>professional nursing development.</li> </ul>  |

|     |   | <ul> <li>Continuing professional development<br/>meets the minimum requirements set by<br/>the NZ Nursing Council.</li> <li>Attendance at regular peer review<br/>meetings in accordance with the<br/>guidelines of the NZ Nursing Council.</li> </ul>  |
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| 3   | Interpersonal relationships   |   |
| 3.1 | Establishes, maintains and concludes<br>therapeutic interpersonal relationships<br>with patients                            | <ul> <li>Utilises effective interviewing skills in interactions with patients</li> <li>Demonstrates respect, empathy and interest in patients</li> <li>Establishes rapport and trust with patients</li> <li>Incorporates therapeutic use of self and psychotherapeutic communication skills as the basis for nursing care for patients with mental health needs</li> </ul>  |
| 3.2 | Practices nursing in a negotiated<br>partnership with the patient where<br>and when possible                                | <ul> <li>Undertakes nursing care that ensures patients receive and understand relevant and current information concerning their health care that contributes to informed choice</li> <li>Implements nursing care in a manner that facilitates the independence, self-esteem and safety of the patient and an understanding of therapeutic and partnership principles</li> <li>Recognises and supports the personal resourcefulness of people with mental and/or physical illness</li> <li>Acknowledges family/whanau perspectives and supports their participation in services</li> </ul> |
| 3.3 | Communicates effectively with<br>patients and members of the health<br>care team  | <ul> <li>Uses a variety of effective<br/>communication techniques</li> <li>Employs appropriate language to<br/>context</li> <li>Provides adequate time for discussion</li> <li>Endeavours to establish alternative<br/>communication methods when patients<br/>are unable to verbalise</li> <li>Access an interpreter when appropriate</li> <li>Discussions concerning patients are<br/>restricted to settings, learnings<br/>situations and/or relevant members of<br/>the health care team</li> </ul>   |
| 4   | Interprofessional healthcare and<br>quality improvement   |   |
| 4.1 | Collaborates and participates with<br>colleagues and members of the<br>healthcare team to facilitate and<br>coordinate care | <ul> <li>Promotes nursing perspective and contribution within the interprofessional activities of the health care team</li> <li>Provides guidance and support to those entering as students, beginning</li> </ul>   |

| 4.2 | Drug supplies            | Maintain minimum levels of drug supplies for the practice, and the doctors' bags.  |
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| 4.3 | Controlled drugs         | Maintain control over the Controlled Drug<br>Register in accordance with defined<br>protocols.   |
| 5   | PHO Involvement          |  |
| 5.1 | Patient PHO enrolment    | Supporting other staff by assisting in promoting the benefits of enrolling in the PHO, to patients.  |
| 6   | Communication            |  |
| 6.1 | External                 | Professional liaison with other health<br>professionals is maintained.<br>Relates in a professional manner and<br>communicates effectively to support the<br>patient through the healthcare experience.  |
| 6.2 | Internal                 | All staff are informed, as appropriate, about<br>anything that they should be aware of<br>regarding a patient, or regarding the<br>internal workings of the practice.<br>Staff and team meetings are attended as<br>requested.   |
| 6.3 | Staff Problems or Issues | All staff problems or issues are referred to the practice manager in the first instance.   |
| 7   | Other                    |  |
| 7.1 | Other duties             | Hours of work are set out in the<br>Employment Agreement, however there<br>may be times when you are required to<br>undertake other duties outside of these<br>hours as requested. This may involve<br>attendance at meetings, staff meetings or<br>training sessions. |

## Delegations

- 1. Financial:
- 2. Other:

Date this document was initially agreed upon:

Next review date: .....